



REGISTERING AS A SUPERVISOR FOR PSYCHOTHERAPISTS:

CRITERIA FOR APPLICANTS

Date of Enforcement: 1st March 2021

PATHWAY 1:

Applicants who have completed an accredited training programme in the provision of psychotherapy supervision.

All of the following criteria must be satisfied:

- Applicant is a warranted full-time practicing psychotherapist for at least 4 years, or equivalent. Whereby:
 - One year is equivalent to a minimum of 20 contact hours per week as confirmed by the supervisor.
 - Supervision can be provided by registered supervisors to supervisees from any psychotherapy modality.
- Applicant has *not less* than 12 ECTs (300hrs) training in the theory and practice of giving psychotherapy supervision. (Whereby 1ECT = 25 hours as per NCFHE standards).
 - Such training is at an MQF Level 7.
 - Such training is accredited and recognised by NCFHE as a Post-Graduate Award Programme; the training of University of Malta will be recognised as a University of Malta Award.
 - Programme is grounded in a good balance of theory, practice (including 25 hrs hyper-vision), self-study and assessment in order to demonstrate clinical competence.
- Applicant is a member of the national umbrella association or is a member of a recognised association.



PATHWAY 2:

Notwithstanding any other regulatory criteria, applicants who, before the coming into force of these regulations, satisfies the Board that s/he:

- Is a warranted psychotherapist that is recognized by an accredited higher education institution in the field as a supervisor and that is practicing as a supervisor till the moment of closure of Grandparenting;
- Is a practicing supervisor in possession of a certificate from an institution which has relevant recognitions or some level of recognition till the moment of closure of Grandparenting;
- All psychotherapy supervisors who do not possess a qualification in supervision but have been practising as a clinical supervisor to psychotherapists from any psychotherapy modality as part of their role/job description while employed or engaged by a service; and have practised as a psychotherapist for a minimum of 8 years (where one year is equivalent to a minimum of 20 contact hours) within the last 15 years.

Prove of this must be submitted by the following:

- Warrant to practice the psychotherapy profession in Malta
- A Curriculum Vitae related to the role of Psychotherapy Supervisor
- Hyper-vision hours confirmed by the hyper-vision-supervisor
- A letter from the contracting organisation confirming and recommending the role of psychotherapy supervisor

Applications will be accepted by the Board up-to six months following the date in which these regulations come into force, after which applications in terms of Grandparenting will no longer be accepted.

Applications that are eligible to fall under the grandparenting clause will be accepted by the Board from the date of enforcement of regulation of supervisors, 1st March 2021.



SUPERVISION TRAINING STANDARDS: CRITERIA FOR HIGHER EDUCATION INSTITUTIONS

Supervision training standards for the University of Malta or a Higher Education Institution that is NCFHE accredited. Criteria to be met are:

- Higher Education Institution is a member of the European Association for Psychotherapy (EAP)
- Higher Education Institution provides an NCFHE accredited programme, or a University of Malta Award, of **not less** than 12 ECTs training (300hrs) in the theory and practice of giving psychotherapy supervision. (Whereby 1ECT = 25 hours as per NCFHE standards).
 - ✓ Such training is at an MQF Level 7.
 - ✓ Such training is accredited and recognised by NCFHE as an Award Programme or above.
 - ✓ Programme is grounded in a good balance of theory, practice (including 25hrs of hypervision), self-study and assessment. Self-study and assessment must require a minimum of: selecting, recording and transcribing the supervision sessions and analysing the interventions used; a reflective diary or a written case study; and a presentation and/or assignment on a specific supervision-related theme) in order to demonstrate clinical competence.
- Entry criteria includes having 4 years of proven psychotherapy experience, or equivalent. Whereby:
 - ✓ One year is equivalent to a minimum of 20 contact hours per week as confirmed by the supervisor.
 - ✓ Supervision can be provided by registered supervisors to supervisees from any psychotherapy modality.